

Hi Everyone,

Welcome to Rising Stars!

My name is Daniela, and I am one of the coaches here at the Kimberley Skating Club. This year I will take on the position of Director of Group Programs. Please direct any questions or concerns about any of the following information to headcoach@kimberleyskatingclub.com and I will get back to you as soon as possible!

What to expect

Rising Stars is a continuation of the Canskate program with the emphasis on the figure skating aspect of the sport. Skaters continue to work through their Balance, Agility, and Control ribbons and Canskate badges outside of the group circuits utilized in our Canskate program.

Equipment

- Skates (please check that they have been sharpened prior to skating)
- CSA- approved hockey helmet (until STAGE 5 is passed)
- Mittens/gloves
- Tights or long fitted pants that allow for movement (no jeans, long skirts)
- Warm Sweaters or jackets without hoods that allow for movement.
- No toques or hats. Headbands are a great option to keep ears warm! Also please note that if you have passed your Canskate Stage 5 and no longer need to wear a helmet, hair **must** be tied back off the face.

Schedule

January 6th - March 5th on Monday's and Wednesday's from 3:30-4:30pm.

This year the sessions will be a joint practice with the Junior STARskaters to allow the Rising Stars to see the next level of their skating journey and allow for crossover when the skaters are ready. We will be coaching the skaters separately in their respective groups but, at times, may pull them together for warmups.

Please check the front page of our website for Rising Stars information and updates.

There will be no skating on Monday February 17th for Family Day. Our fun days will be January 22nd, Pajama Day, and February 12th Valentine's Pink and Red Day. Please ensure that Pjs are not too long or baggy as to impede skating.

I look forward to seeing you all next week!

Regards,

Daniela Hewison